



Healthy Schools Week 2017

An opportunity to celebrate and promote children's health and wellbeing.

This year we will focus our attention on promoting the value of **self-directed play**. We will facilitate learning experiences that engage the children in activity that requires them to 'travel places under their own steam'. We believe that the following life skills will be enriched from the experience:

Self Directed Play

Self belief . I feel happy and confident taking on new and unfamiliar challenges.
Self reliance . I feel confident and able when I'm left to work on my own.

Self **D**irection . I create opportunities to play and practise on my own and with others.

Playfulness . I enjoy having the freedom to improvise and my own solutions.
Problem solving . I like to think of new ways to tackle a problem.

On Tuesday 17th October we are delighted to welcome children from Slaley First School. An activity has been designed to challenge children from both schools and across all year groups to work collaboratively to solve a series of problems. All five skills listed above will be tested across this afternoon of challenging and free form play.

On Wednesday 18th and Thursday 19th October we have organised a series of in-house activities that will test the creative thinking and invention of the children. It will also be an opportunity for children who took part in the recent Creative Playgrounds After School Club to showcase the skills they have developed and to present their favourite games.

We look forward to sharing photos and stories of how the children respond to this fun packed week.